

The Truth About Quality of Life Assessments

These truths can help healthcare and Clubhouse providers correct any common misconceptions about the use of quality of life (QOL) assessments for **persons** living with challenges in **mental health or substance use**.

MYTH	TRUTH
<input checked="" type="checkbox"/> QOL assessments are only used to evaluate provider performance.	<input checked="" type="checkbox"/> QOL assessment can help providers track and respond to changes in clients' QOL and healthcare experiences.
<input checked="" type="checkbox"/> It is too difficult for persons living with mental health or substance use challenges to answer questions about their QOL due to decreased cognitive function, mental illness, or language barriers.	<input checked="" type="checkbox"/> QOL assessments can improve clients' involvement in their recovery and treatment. Even partial information gathered about a client's QOL can be valuable and shows respect.
<input checked="" type="checkbox"/> QOL assessment tools are not considered useful by clients.	<input checked="" type="checkbox"/> QOL assessment can enable clients to share what matters to them about their healthcare and experiences of recovery and treatment.
<input checked="" type="checkbox"/> QOL assessments take too much time out of already busy days.	<input checked="" type="checkbox"/> QOL assessments can help direct attention to concerns that might otherwise get missed and can potentially save time by identifying clients' priorities early and over time .
<input checked="" type="checkbox"/> QOL assessments take away from the relational side of healthcare.	<input checked="" type="checkbox"/> QOL assessments can promote relational care by uncovering unsaid needs and facilitating a therapeutic relationship.
<input checked="" type="checkbox"/> Providers are not able to respond to the needs revealed by the QOL assessments.	<input checked="" type="checkbox"/> QOL assessment can help providers and clients determine the next steps in recovery and treatment , involving other members of the healthcare team and community resources.
<input checked="" type="checkbox"/> QOL assessments undermine your clinical expertise.	<input checked="" type="checkbox"/> Clients can provide you with information that can't be assessed otherwise . This can be used to enhance collaborative decisions made with your clinical expertise.
<input checked="" type="checkbox"/> Providers do not need another assessment tool for clients to express their concerns and unmet needs.	<input checked="" type="checkbox"/> While some clients might discuss their needs, most will wait for you to ask.

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Together, let's focus on what matters most to persons with lived experience

Learn more at: healthyqol.com

and find additional resources and supporting evidence.