

Effective implementation of QOL assessments requires tailored clinician-based resources that build capacity, strengthen motivation, and support everyday integration to enable equitable person-centred recovery planning.

Co-creating Evidence-based Resources for PROMs Use in Community Mental Health & Substance Use Services: A Path Towards Equitable Person-centred Care

Background: Evidence from a systematic review shows that clinicians face persistent barriers to PROM use, including difficulty applying results to care, limited confidence and perceived value, and challenges prioritizing their use amid competing clinical demands. In response, a researcher-knowledge user partnership engaged stakeholders to co-develop targeted knowledge translation (KT) resources to support the ongoing integration of the WHOQOL assessment into practice.

Toolkit

Clinician Resources to explain QOL assessments, develop skills, shape beliefs, and clarify misconceptions

The toolkit consists of four main resources:

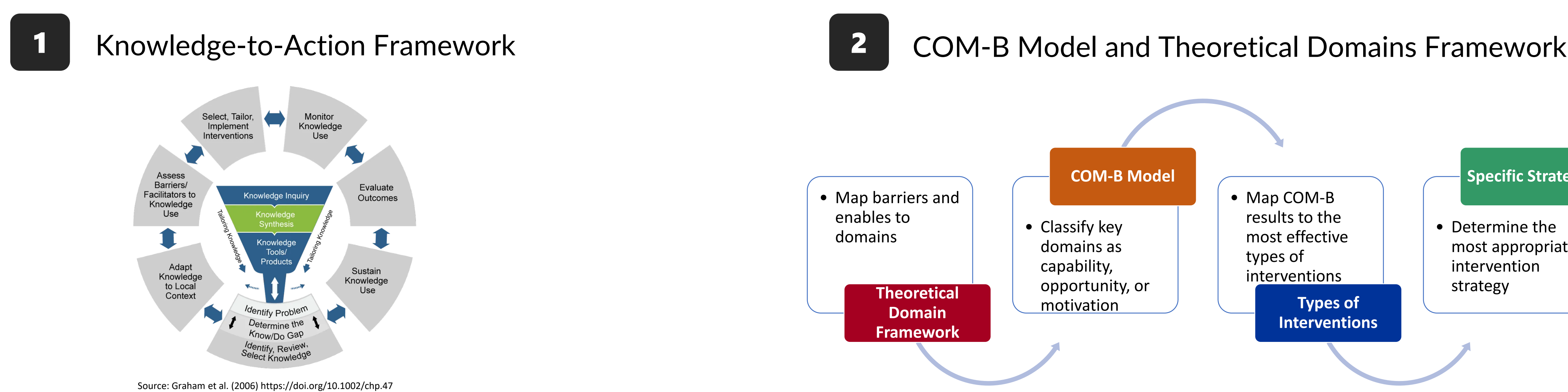
- Quality of Life Assessments:** A resource to explain QOL assessments, develop skills, shape beliefs, and clarify misconceptions.
- The Truth About Quality of Life Assessments:** A resource to explain QOL assessments, develop skills, shape beliefs, and clarify misconceptions.
- WHOQOL Quick User Guide:** A resource to explain QOL assessments, develop skills, shape beliefs, and clarify misconceptions.
- Facilitator Guide for WHOQOL Education and Training:** A resource to explain QOL assessments, develop skills, shape beliefs, and clarify misconceptions.

Clinical Leader Resources to build capacity and empower clinicians as well as navigate time pressures and workload

The clinical leader resources include:

- Making a Difference With Quality of Life Assessments:** A resource to build capacity and empower clinicians as well as navigate time pressures and workload.
- Start the Conversation About Quality of Life Assessments:** A resource to build capacity and empower clinicians as well as navigate time pressures and workload.
- Supporting Recovery Through Quality of Life Conversations with Your Team:** A resource to build capacity and empower clinicians as well as navigate time pressures and workload.
- WHOQOL Touchpoint:** A resource to build capacity and empower clinicians as well as navigate time pressures and workload.

Methods



Conclusion: Targeted, context-specific supports are essential for moving PROMs from measurement to meaningful clinical action. Co-developed resources sustain micro-level change by strengthening knowledge, attitudes, and environments to support equitable, person-centred recovery planning. Future research should assess the impact of tailored KT resources on clinician practice.

