

Making a Difference With Quality of Life Assessments

This resource is for healthcare managers and leaders. It focuses on quality of life (QOL) assessments for two groups: **older adults** living with frailty, and their **family caregivers**.

Quality of life (QOL) assessments include questions that help to measure what matters to individuals about their:

- Life
- Physical, mental, and social health
- Healthcare experiences

Many tools are available for measuring QOL. These are often referred to as:

- Patient-reported outcome measures (PROMs)
- Patient-reported experience measures (PREMs)

The term “patient” refers to all people who have experience with health challenges, including family caregivers.

How are QOL assessment results used at the individual level?

Healthcare providers use QOL assessment results to help make better-informed, person-centred healthcare decisions.



at the population level?

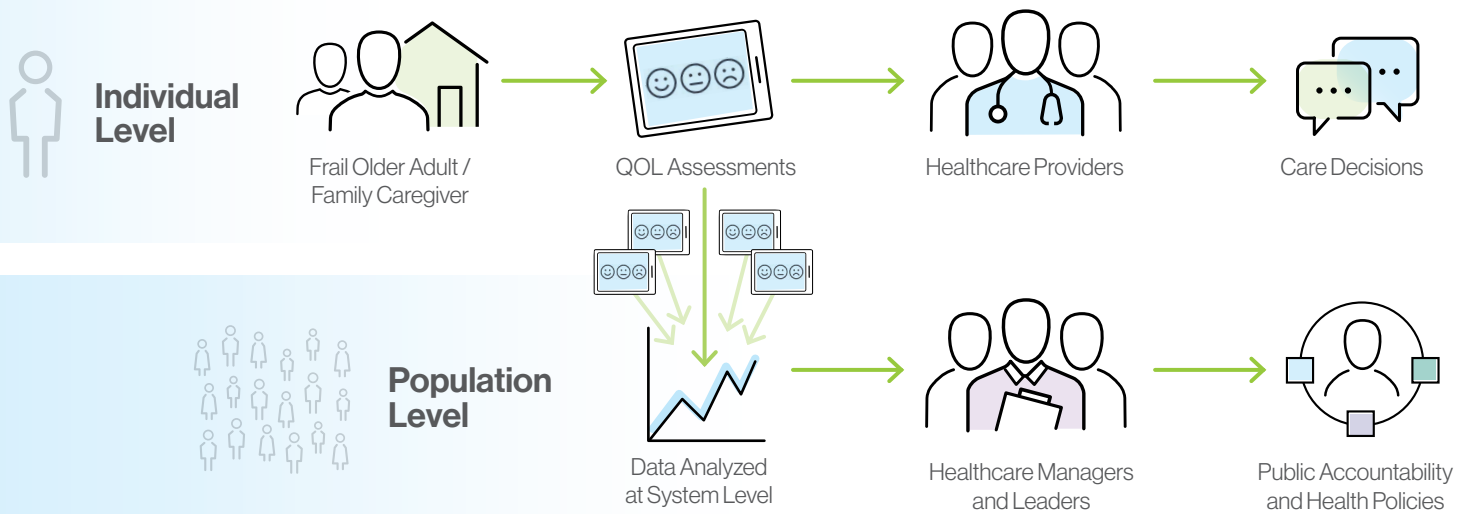
The routine use of QOL assessment results can help **healthcare management leaders**:

1. Optimize quality improvement initiatives to better meet the needs of older adults and their family caregivers.
2. Demonstrate accountability in providing person-centred healthcare services (e.g., accreditation requirements).



The results can also help **government leaders** identify needs and make policy and budget decisions.

QOL Assessment Process



Together, let's build a person-centred healthcare system for **everyone**.

Learn more at: healthyqol.com

and find additional resources and supporting evidence.